

Soho Recovery Centre Schedule								
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Before 0730								Before 0730
0700 - 0730								0700 - 0730
0730 - 0800	AA Soho Sunrise (45Mins)	AA Soho Sunrise (45Mins)	AA Soho Sunrise (45Mins)	AA Good Morning	AA Good Morning			0730 - 0800
0800 - 0830								0800 - 0830
0830 - 0900								0830 - 0900
0900 - 0930						AA Women's Group		0900 - 0930
0930 - 1000								0930 - 1000
1000 - 1030								1000 - 1030
1030 - 1100						AA Broad Highway (LGBT)	SLAA	1030 - 1100
1100 - 1130								1100 - 1130
1130 - 1200		Nicotine Anonymous						1130 - 1200
1200 - 1230			12 Step Recovery Yoga	AI Anon		ACA (From 24.3.18)	AA Spiritual Concepts (LGBT)	1200 - 1230
1230 - 1300	ACA							1230 - 1300
1300 - 1330		AA			AA Newcomers			1300 - 1330
1330 - 1400						Nicotine Anonymous	AA Transgender+	1330 - 1400
1400 - 1430								1400 - 1430
1430 - 1500								1430 - 1500
1500 - 1530						OA (LGBT)	AA Spanish Speaking	1500 - 1530
1530 - 1600								1530 - 1600
1600 - 1630								1600 - 1630
1630 - 1700	AA					AA Black/Minority Ethnic	DAA	1630 - 1700
1700 - 1730								1700 - 1730
1730 - 1800								1730 - 1800
1800 - 1830	AA Bloomsbury	AA Serenity	AA Agnostics (LGBT)	AA Keep It Simple	AA Big Book Study (LGBT)	AA Waterloo (LGBT)		1800 - 1830
1830 - 1900								1830 - 1900
1900 - 1930								1900 - 1930
1930 - 2000	DA	NA Traditions	EA	CA	NA (LGBT)		AA Women's Group	1930 - 2000
2000 - 2030						AA Saturday Night Special		2000 - 2030
2030 - 2100								2030 - 2100
2100 - 2130	NA							2100 - 2130
2130 - 2200								2130 - 2200
2200 - 2230					NA Late Night			2200 - 2230
2230 - 2300								2230 - 2300
2300 Onwards								2300 Onwards

Please note the SRC has the ability to run meetings around the clock, so meetings times are not limited to these slots

Peak Time (£15/30 mins)

AA - Alcoholics Anonymous NA - Narcotics Anonymous CA - Cocaine Anonymous SLAA - Sex and Love Addicts Anonymous

Off Peak (£5/30 mins)

DA - Debtors Anonymous EA - Emotions Anonymous OA - Overeaters Anonymous

ACA - Adult Children of Alcoholics DAA - Drug Addicts Anonymous